TOBACCO NEWSLETTER

DID YOU KNOW?

9 in 10 Kentuckian adult smokers say they want to quit. Only 4 in 10 know about Quit Now Kentucky.

BE TOBACCO FREE
QUIT NOW
KENTUCKY

To have the Quitline contact your patient, go to https://www.quitnowkentucky.org/en-US/JustLooking/Health-Professional/How-to-Refer-Patients

- Kentucky's free tobacco quitline service!
- 15 to 30 minute modules to fit your availability
- Vaping prevention programs

VAPING IS SOOOOOO NOT COOL

Free Continuing Education Credits!

This course is approved for 1 CE through the Kentucky Board of Nursing (#4-0700-12-24-807) and through the Kentucky Board of Social Work (KBSWSP 202341).

Scan the QR Code to sign up!

MY LIFE MY QUIT
mylifemyquit.com

Referral forms and e/Referral forms are available at https://mylifemyquit.com/en-us/provider_web_referral/

- Kentucky's free service to help youth populations stop vaping.
- Five free coaching sessions tailored to youth communication preferences

Rise of the Zyn

Zyn: a nicotine pouch placed between the gums and the lip to deliver nicotine to the bloodstream.

Zyns are primarily manufactured in **Owensboro, Kentucky**! The facility recently went under expansion to meet the increasing demand of nicotine pouches.

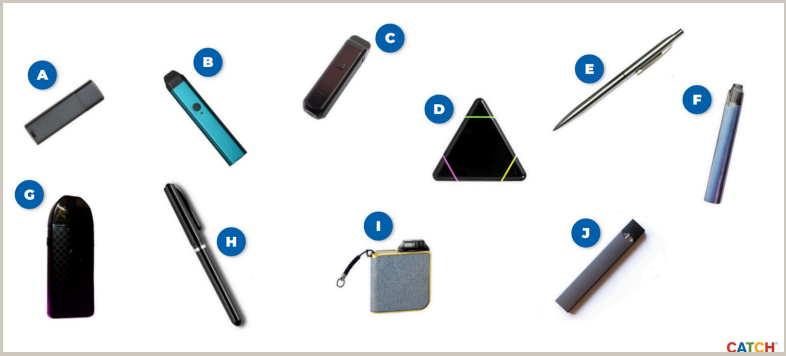
FDA Approved Nicotine Replacement

- Nicotine Patch
- Nicotine Gum
- Nicotine Lozenge

Providing cessation assistance can be essential to helping a patient quit. With the increase in e-cigarette usage, the habit can be hard to kick due to addictive flavors and disposability.

Vaping products can be disguised as almost anything and are often marketed to appeal to children and young adults.

Spot the VAPE!



OK

STOP

Patients are 70% more likely to attempt quitting smoking when they receive a referral from their healthcare provider.

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WEDCO

Pictures B, C, F, G, I and J are actual vaping devices